Curriculum Vitae

Name: Jamie Theodosi

DOB: 07/04/1999

Email: jamietheo@hotmail.com

Tel: 07943243722



I am a passionate sports journalist with strong communication and organisation skills, as well as being extremely disciplined. I'm an enthusiastic sports fan, and I'm currently working as a Combat Sports writer for Mixed Martial Arts outlet, Cageside Press. In my downtime, I enjoy making MMA videos for YouTube and TikTok,

https://www.youtube.com/@JamieTheoMMA/videos

Work Experience

2021-present - Combat Sports writer

Cageside Press, Mixed Martial Arts Outlet (UFC credentialed outlet)

Key Responsibilities:

- Writing about the latest MMA news.
- Providing live event coverage in the form of recap articles.
- Optimizing SEO to ensure my work reaches the largest target audience possible.
- Interviewing professional fighters both online and in-person
- Attending live MMA events, producing video and written content, as well as content for social media
- Creating content for social media using the Adobe Creative Suite

2023-Present - Social Media Manager

MMA Fan Podcast with Blake Harrison & Stu Whiffen

Key Responsibilities:

- Editing large video and audio files (using Adobe Creative Suite) so that they're suitable for YouTube and all platforms where you can access podcasts.
- Creating engaging clips for social media platforms.
- Scheduling engaging posts on all social platforms, keeping our audience up to date with all the news in the world of MMA.
- Liaising with the team daily on strategies we can implement to grow our viewership, using socials.

2021-2023 - Combat Sports writer & Social Media Manager

Violent Money TV, Mixed Martial Arts Outlet

Key Responsibilities:

Writing about the latest MMA news

- Interviewing professional fighters both online and in-person
- Managing and planning content for social media pages Twitter & TikTok (grew the TikTok page to over 30k followers in just under 1 year)

Key skills

IT Software

I have an excellent knowledge and experience of software such as Microsoft Word, Excel and PowerPoint, but more importantly of creative software such as the Adobe Creative Suite. I have extensive experience using the Adobe Creative Suite for video editing (Premiere Pro), as well as creating authentic content such as graphics to post on social media (Photoshop).

Media law and regulation

As part of my Sports Journalism course I studied at Birmingham City University, I am trained in newswriting, media law and regulation.

Sports reporting

Through my studies and extracurricular activities, I have covered several sports from Football, American Football, Boxing, MMA etc. Being such a huge sports fan, I have a vast knowledge of all sports, and have created podcasts with my peers which individually focussed on professional football, and another that focussed on the treatment of college students who competed in American Football in the United States.

Educational Qualifications

2019-2022 – Second Class: Division 1 – Sports Journalism BA
Birmingham City University

2015-2017 – 3 A-Levels, 3 AS Levels Hagley Catholic High School & Sixth Form, Worcestershire

2010-2015 – 6 GCSEs

Hagley Catholic High School & Sixth Form, Worcestershire

Social Media Accounts

X – JamieTheoMMA Instagram – JamieTheoMMA TikTok - JamieTheoMMA